





**WOODCREST ELEMENTARY
MAY/JUNE 2018 BREAKFAST /LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 5/28 MEMORIAL DAY NO SCHOOL	5/29 Maple Pancakes (39g)	5/30 Mini Cinnis (39g)	5/31 Turkey Sausage Pancake Wrap (17g) Đ	6/1 NO SCHOOL
6/4 Beef Sausage on Bun (20g) Đ	6/5 Cinnamon French Toast (37g)	6/6 Turkey Sausage Breakfast Pizza (31g)	6/7 Maple Waffles (38g)	6/8 NO SCHOOL
<u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:</u> Assorted Cereal (20-26g) or Graham Cracker (19g) or Yogurt (15g) or Cheese Stick (1g) Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>			Grams of carbohydrate for each food are listed as (g). *Sliced wheat bread (12g) offered with entree. <> Meatless entree Đ Dairy-free entree Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider.	
LUNCH				
5/28  MEMORIAL DAY NO SCHOOL	5/29 *Cheeseburger Meatloaf on Bread (20g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	5/30 *Chicken Dippers (1g) Đ Turkey Sausage & French Toast Sticks (39g) Soy Butter & Grape Jelly Sandwich (55g) <>	5/31 Assorted Sandwiches (14-55g) with Picnic Cold Pack	6/1 NO SCHOOL
6/4 *Chicken Nuggets (13g) Đ Cheese & Bean Enchilada (42g) <> *Cheddar Bits (0g) & Tortilla Strips (23g) <>	6/5 *Chicken Drumstick (5g) Đ Cheese Pizza (30g) <> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	6/6 BBQ Beef Rib on Bun (43g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Soy Butter & Grape Jelly Sandwich (55g) <>	6/7 * Walking Taco (27g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ	6/8 NO SCHOOL 